10:30 am The Holy Eucharist



THE HOLY EUCHARIST

The Very Reverend Patrick Malloy, *Celebrant* The Reverend Canon Arlette D. Benoit Joseph, *Preacher* The Cathedral Choir

Please note: Photography and video recording may be in process while you are at the Cathedral. Entry into the facility signifies your release and consent to the possibility that your image may be used by the Cathedral for promotional purposes.

Gregorian chant

INTROIT

Sung by the Choir.

NVOCABIT me, et ego exaudiam eum: eripiam eum, et glorificabo eum: longitudine dierum adimplebo eum.

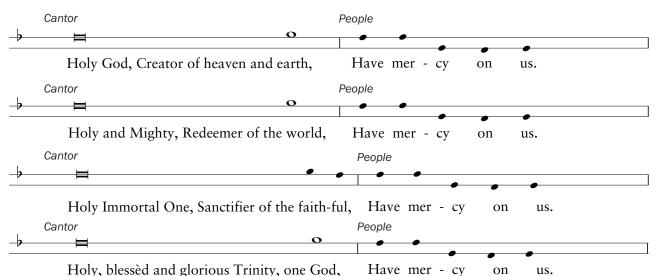
V. Qui habitat in adjutorio Altissimi, in protectione Dei cæli commorabitur.

When he calls to me, I will answer him; I will rescue him and honour him; with long life will I satisfy him.

He who abides in the shelter of the Most High, shall remain under the protection of the God of Heaven.

All stand, as able, as the Procession enters.

THE GREAT LITANY



The Cantor continues

From all evil and mischief; from pride, vanity and hypocrisy; from envy, hatred and malice; and from all evil intent,



From sloth, worldliness and love of money; from hardness of heart and contempt for your word and your laws, *Savior deliver us*.

From sins of body and mind; from deceits of the world, flesh and the devil, *Savior deliver us*.

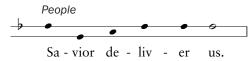
From famine and disaster; from violence, murder, and dying unprepared, *Savior deliver us*.

In all times of sorrow; in all times of joy; in the hour of our death and at the day of judgment, *Savior deliver us*.

By the mystery of your holy incarnation; by your birth, childhood and obedience; by your baptism, fasting and temptation, *Savior deliver us*.

By your ministry in word and work; by your mighty acts of power; by the preaching of your reign, *Savior deliver us*.

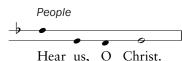
By your agony and trial; by your cross and passion; by your precious death and burial,



By your mighty resurrection; by your glorious ascension; and by your sending of the Holy Spirit, *Savior deliver us*.

The Cantor continues

Hear our prayers, O Christ our God.



Govern and direct your holy Church; fill it with love and truth; and grant it that unity which is your will. *Hear us*, O *Christ*.

Give us boldness to preach the gospel in all the world, and to make disciples of all the nations. *Hear us*, O *Christ*.

Enlighten your bishops, priests and deacons (especially _____) with knowledge and understanding, that by their teaching and their lives they may proclaim your word. *Hear us*, *O Christ*.

Give your people grace to witness to your word and bring forth the fruit of your Spirit. *Hear us*, O *Christ*.

Bring into the way of truth all who have erred and are deceived. *Hear us*, O *Christ*.

Strengthen those who stand; comfort and help the fainthearted; raise up the fallen; and finally beat down Satan under our feet. *Hear us*, O *Christ*.

Hear us, O Christ.

Guide the leaders of the nations into the ways of peace and justice.

Hear us, O Christ.

Give your wisdom and strength to Joseph, the President of the United States; Kathy, the Governor of this state; and Eric, the Mayor of this city, that in all things they may do your will, for your glory and the common good. *Hear us*, O *Christ*.

Give to the Congress of the United States, the members of the President's Cabinet, those who serve in our state legislature, and all others in authority the grace to walk always in the ways of truth. *Hear us*, O *Christ*.

Bless the justices of the Supreme Court and all those who administer the law, that they may act with integrity and do justice for all your people. *Hear us*, O *Christ*.

Give us the will to use the resources of the earth to your glory and for the good of all. *Hear us*, O *Christ*.

Bless and keep all your people, *Hear us*, O *Christ*.

Comfort and liberate the lonely, the bereaved (especially _____) and the oppressed. *Hear us*, O *Christ*.

Keep in safety those who travel (especially _____) and all who are in peril. *Hear us*, O *Christ*.

Heal the sick in body, mind or spirit (especially _____) and provide for the homeless, the hungry and the destitute. *Hear us*, O *Christ*.

Guard and protect all children who are in danger. *Hear us*, O *Christ*.

Shower your compassion on prisoners, hostages and refugees, and all who are in trouble. *Hear us*, O *Christ*.

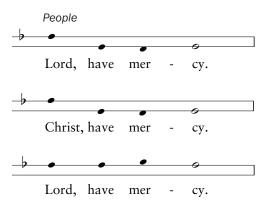
Forgive our enemies, persecutors and slanderers, and turn their hearts.

Hear us, O Christ.

Hear us as we remember those who have died (especially _____) and grant us with them a share in your eternal

glory. *Hear us*, O *Christ*.

Give us true repentance; forgive us our sins of negligence and ignorance and our deliberate sins; and grant us the grace of your Holy Spirit to amend our lives according to your word.



THE COLLECT OF THE DAY

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

The Celebrant prays the collect, and the People respond, "Amen." The People are seated.

A READING FROM THE BOOK OF GENESIS

(9:8-17)

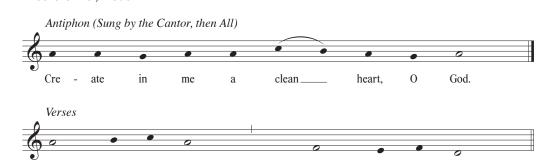
After the reading is said:

Lector The Word of the Lord.

People Thanks be to God.

PSALM 51:1–10 Miserere mei. Deus

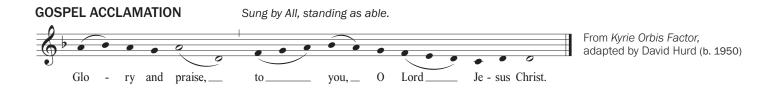
Sung by All.



- Have mercy on me, O God, according to your loving kindness; * in your great compassion blot out my offenses.
- 2. Wash me through and through **from** my wickedness * and cleanse me **from** my sin.
- 3. For I know **my** transgressions, * and my sin is ever before me.
- 4. Against you only **have** I sinned * and done what is evil **in** your sight. *Antiphon*
- 5. And so you are justified **when** you speak * and upright **in** your judgment.

- 6. Indeed, I have been wicked **from** my birth, * a sinner from my **mo**ther's womb. *Antiphon*
- 7. For behold, you look for truth **deep** within me, * and will make me understand **wis**dom secretly.
- 8. Purge me from my sin, and I shall be pure; * wash me, and I shall be clean indeed.
- 9. Make me hear of **joy** and gladness, * that the body you have broken **may** rejoice.
- 10. Hide your face **from** my sins * and blot out all **my** iniquities. *Antiphon*

Chant: Kent Tritle (b. 1960)



A READING FROM THE HOLY GOSPEL OF MARK

(1:9-15)

Preacher The 🕂 Holy Gospel of our Lord Jesus Christ according to Mark.

People Glory to you, Lord Christ

The Preacher reads the gospel, followed by the words:

The Gospel of the Lord.

People Praise to you, Lord Christ.

THE SERMON

The Reverend Canon Arlette D. Benoit Joseph Senior Vice President, Church Relations Officer, The Church Pension Group

A time of silence is observed after the sermon, then the Celebrant leads the assembly in the Creed, standing as able.

THE NICENE CREED

E believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.

Said by all.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead, and his kingdom will have no end.
We believe in the Holy Spirit,

the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
+ and the life of the world to come. Amen.

THE PEACE

Celebrant The peace of the Lord be always with you.

People And also with you.

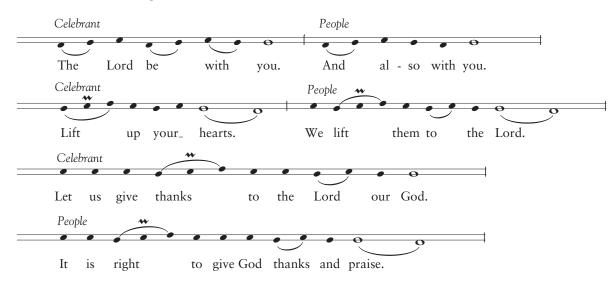


A collection is taken. The People may place their offerings in the basket as it is passed or use the QR code.

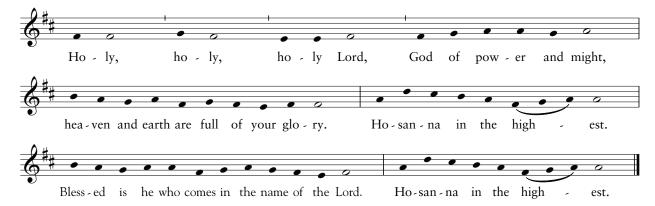
OFFERTORY ANTHEM	Sung by the Choir.	
Son of Mary R. Natha	aniel Dett (1882–1943)	
HEN our heads are bowed with When our bitter tears o'erflow, When we mourn the lost, the de Jesus, Son of Mary, hear.		Thou the shame, the grief, hast known, Though the sins were not Thine own; Thou hast deigned their load to bear; Jesus, Son of Mary, hear.
Thou our feeble flesh hast worn, Thou our mortal griefs hast borne, Thou hast shed the human tear; Jesus, Son of Mary, hear.		When our eyes grow dim in dearh, When we heave the parting breath, When our solemn doom is near, Jesus, Son of Mary, hear.
When the heart is sad within With the though of all its sin, When the spirit shrinks in fear, Jesus, Son of Mary, hear.		Thou hast bowed the dying head, Thou the blood of life hast shed, Thou hast filled a *human (mortal) bier, Jesus, Son of Mary, hear.
		Amen.
		Henry Smart Milman (1791–1868)

THE GREAT THANKSGIVING

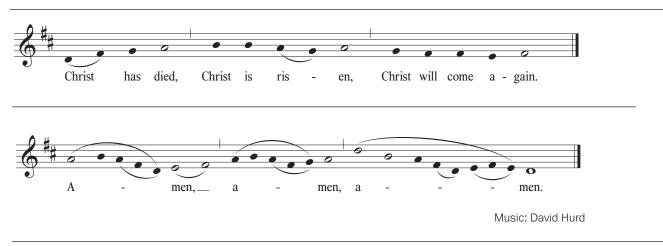
The People remain standing.



The Celebrant prays in the name of the assembly. In the course of the Eucharistic Prayer, these acclamations are sung.



* This one word altered by the composer from Milman's text.



THE LORD'S PRAYER

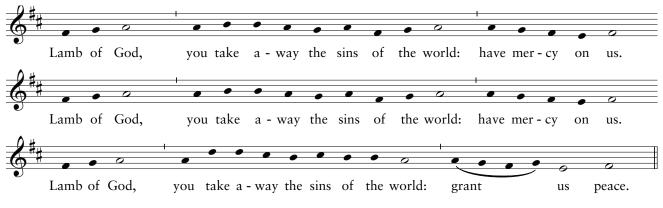
Celebrant And now, as our Savior Christ has taught us, we are bold to say

Celebrant and People

UR Father, who art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD

The Celebrant breaks the consecrated Bread. Silence is kept. Then is sung



Music: Agnus Dei from New Plainsong; David Hurd

The Celebrant invites the People to Holy Communion. As the ministers receive the Sacrament, the People come forward.

THE COMMUNION

The Holy Communion is distributed under the forms of both Bread and Wine. In the interest of public health, the Cathedral does not practice intinction, that is, the dipping of the Bread into the Wine. It is the faith of the Church that Jesus gives himself in the Sacrament whether it is received in only one kind or both. Gluten-free Wafers are available; please make your need known to the minister.

COMMUNION ANTHEM Sung by the Choir. Jesus, So Lowly Harold Friedell (1905-1958) ESUS, so lowly, Jesus, so broken, Silent and pale; Child of the earth: Christen me wholly, Be this the token Bring me new birth.

Jesus, so lonely, Weary and sad; Teach me that only Love maketh glad.

Love will not fail.

Jesus, victorious, Mighty and free; Teach me how glorious Death is to be.

Edith Williams, Songs of Praise

A time of silence is observed after the Holy Communion, then the hymn is sung by all, standing as able.

POST COMMUNION HYMN



Words: George Hunt Smyttan (1822-1870), alt. Music: Aus der Tiefe rufe ich, melody att. Martin Herbst (1654-1681), alt.; harm. William Henry Monk (1823-1889)

POST COMMUNION PRAYER

Celebrant Let us pray.

All say together.

TERNAL God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

THE DISMISSAL

Celebrant Let us bless the Lord.

People Thanks be to God.

CLOSING VOLUNTARY

Miserere a 4

William Byrd (c. 1540-1623)

UPCOMING EVENTS

SUNDAY, 18 FEBRUARY

4 PM **Choral Evensong.** The Cathedral Choir sings music of William Byrd and R. Nathaniel Dett.

SUNDAY, 25 FEBRUARY

4 рм

Choral Evensong. The Choristers of St. Patrick's Cathedral, Dublin, will join our Choristers and Cathedral Choir for Evensong. Plan now to attend!

5 PM

Recital. Soprano Eva Martinez, a member of our own Cathedral Choir, performs a free recital with pianist Javier Arrebola. The program will include works by Poulenc, Dvořák, Orff, Debussy, Strauss, Brahms & Golijov.

TUESDAY, 27 FEBRUARY

7:30 рм

"Hommage à Pierre Cochereau." Artist in Residence David Briggs presents a retrospective of Pierre Cochereau, the celebrated Organist of Notre-Dame de Paris (1955–1984). Join us for a selection of Cochereau's dazzling, ephemeral improvisations, transcribed note-by-note from original recordings at Notre-Dame.

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