**ACT Summer Camp**

**ON-SITE COURSES**

**Yoga**

While stretching and holding our poses we will strengthen our body and learn 25 basic yoga poses.

**Creative Theatre**

This interactive theatre experience enriches your child’s social and cognitive development. Your children will develop their social and emotional skills through a series of fun, theatre inspired games.

**Get Up and Move**

This fun and engaging movement experience will be sure to get your child’s blood flowing and ready to start the day with fun, educational tunes. Come shake those sillies out.

**Soccer**

Children will be exposed to a combination of stretching, drills, and games. Coach Alex will support your child’s learning process through a flexible agenda, a silly routine, colorful foundation, and an appreciation of the culture of soccer. Much of the focus on this training will be on ball touching and a relationship with the ball using both feet. Improve knowledge of soccer through fun but challenging drills.

**Music & Movement**

Been inside too long?! Come join us for safe, socially distanced fun! Have a rollicking good time as children develop their gross and small motor skills, as well as their language through singing and joyful movement and art activities.

**Slime is Science**

This hands-on activity/experiment will allow children to mix and measure ingredients to get the results they desire. Bouncy, slimy, edible and glittery slime will be made in this class.

**S.A.F.E Archery**

A unique sport that combines elements of timeless skills of archery. Players will learn how to properly handle equipment, learn skills by practicing, and taking aim at objects with our non-lethal arrows to score points. Come join us for our NEW ACTivity at ACT!